



# Naturally Adventurous

EXPLORE LANGKAWI GUIDE

Naturally  
LANGKAWI





Langkawi is blessed with an incredible wealth and variety of natural wonders, from lush rainforests, to mountains and rock formations over 550 million years – amongst the oldest found in this part of the world.

Langkawi, an archipelago of 99 islands set amidst the azure Andaman Sea is the crown jewels on any traveler's visit to Malaysia.

It boasts one of the largest mangrove forest and riverine systems in South East Asia. It harbours the most butterfly species of any island in the world - over 500 and more than 200 bird species. Some of its flora and fauna are found nowhere else in the world. Langkawi is a true 'Living Museum', its people bound by culture and traditions passed on over thousands of years are still in evidence today.

Langkawi has been designated as Langkawi UNESCO Global Geopark – the first in South East Asia. And least we forget, the wonders aren't limited to nature alone. Langkawi today is a world-class tropical island getaway, with 5-Star luxury resorts, spas, and gourmet dining.

We hope you enjoy your stay.

Selamat Datang





Your Personal

**LANGKAWI**

*Day Planner*



The beautiful islands of the Langkawi archipelago have something for everyone to explore and to enjoy, from it's natural wonders to the many attractions and culinary options that have evolved to complete your perfect holiday on these legendary islands.

This **EXPLORE LANGKAWI GUIDE** has been designed as a suggested guide for you to plan your day, and the routes are planned to minimize travel time and maximize your enjoyment of our beautiful and exciting islands.

There are many tour operators who can plan the day for you, but be adventurous and hire a car or a scooter to explore the island at your own pace. The roads are well sign posted but if you do stray away from the route, Langkawi's hospitable residents are more than willing to point the way for you.

Selamat Datang!



DAY

1

# MACHINCANG GEOPARK *Thrills*

Located in the northwest of Langkawi is the Machincang Cambrian Geoforest Park, with 550 million years old rock formations and an ancient rainforest thriving with flora and fauna.

Catch spectacular panoramic views of the islands in the archipelago from viewing decks up at Mount Machincang and experience a whole new dimension of the attractions below at the Oriental Village and the general Geopark area.

## 1 | SKYCAB, SKYGLIDE & SKYBRIDGE

Enjoy a thrilling ride on the Langkawi Sky Cab to the Sky Bridge at the Machincang Cambrian Geoforest Park. The glass bottom gondolas gives you a 360- degree view of the rainforest below and at the Langkawi Sky bridge, 2,300 ft above sea level are spectacular views of the archipelago which will take your breath away.

## 2 | SKYREX

SkyRex provides a dynamic and totally immersive experience that takes sensory and physical simulation to a whole new level. An adrenaline inducing adventure that will excite, thrill and enthrall in equal measures.



Open Daily  
Mon - Thurs 10 am - 7pm  
Wed 12 pm - 7 pm  
Weekend & Public  
Holidays 9.30 am - 7pm.  
T: +604 959 4225  
W: panoramalangkawi.com

## 3 | ART IN PARADISE

Located next to the Sky Cab terminal is a masterful creation of illusion in art. Beautiful artworks combined with 3D components create a fun and interactive display. Get the excitement of travelling back through time and play with massive creatures, or you can run, jump, crawl on the walls, and touch anything you see... it's a playground to interact with your creativity.



Open Daily 9 am - 6 pm  
T: +60 13-509 1209  
W: artinparadise.com.my

## 6 | LUNCH AT PANTAI KOK



In between the Oriental Village and the Perdana Quay is Pantai Kok where several food trucks serve local Langkawi favorites. Try the island's famed Laksa or Mee Rebus and the cendol- a cold coconut milk based drink – a great quick local lunch.

## 4 | DUCK TOUR

Take a ride on the giant and colorful amphibious vehicle for a duck tour which starts at the Oriental Village. A slow ride passing along Pantai Kok beach to Telaga Harbour where it plunges into the water moving out of the marina to reveal beautiful views of the island with the mountain backdrop.



Rides Daily 11 am - 3 pm or  
6.30 pm - 10 pm.  
T: +604 966 1214  
W: langkawiducktours.com

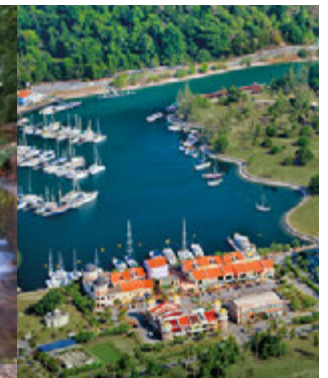
## 5 | TELAGA TUJUH WATERFALLS

Discover this beautiful cascade of seven waterfalls with cool mountain pools at the foothills of Mount Machincang. The trail to the falls passes through the ancient rainforest. Check out the glass-bottom deck here for an amazing view of the falls below.



## 7 | DINNER AT PERDANA QUAY

Perdana Quay which overlooks the Telaga Harbour marina has a row of choice international restaurants ranging from Indian, Russian, Italian, Japanese, Spanish Tapas bar, cafes and other fine dining options. With table settings in the open on the deck makes this a good option to end the day.





DAY

2

# ISLAND & Beaches

Islands of adventure, islands of beauty, islands of fun! Discover exotic white sand beaches. Swim in an ancient legendary lake. Sail into the sunset on the Andaman Sea. Sun, sea, sand and much much more.

## 1 | PULAU BERAS BASAH

The secluded, beautiful white sand beach here is ideal for a leisurely stroll. Take a cooling dip in the crystal clear waters or take a parasail ride over and above it all.

## 2 | PULAU DAYANG BUNTING

A speedboat ride away is this legendary island famed for its fresh water lake - the Lake of the Pregnant Maiden. Take out a kayak or stroll to the viewing deck to get a close look at the marble formations and plunge into the cool fresh water to cool off after.

## 3 | PULAU SINGA BESAR

A spectacular seascape with limestone rock formations, the island is home to one of Langkawi's raptors - the White Bellied Sea Eagles. Eagle watching here is the main attraction.

## 4 | LUNCH AT PANTAI TENGAH

Head to Pantai Tengah close to the tour boat jetties for lunch. There are numerous restaurants and cafes to choose ranging from Indian, Malay, Chinese and International menus.

## 5 | SUNSET DINNER CRUISE

Board one of the cruise charters available in Langkawi and set sail in the Andaman Sea. The cruise will stop over for a dip in the open sea (subject to sea conditions) and catch a magnificent Langkawi sunset with an all-you-can-eat and all-you-can-drink menu.

**Sunset Cruise Tour Operators:**

Tropical Charters +604 955 3407 Crystal Yacht + 604 955 6545 Naam Cruise + 604 966 5991





DAY

3

# Discover NATURE

Nature in all her splendour and diversity – mangrove forests, rivers, waterfalls, caves, and more – all on one island, all in one day!

## 1 | KILIM KARST GEOFOREST PARK

Kilim Geopark's terrain is predominantly limestone - karst. Millions of years of erosion have created a unique landscape of pinnacles, cliffs, caves and hills as well as the rich biotopes of the mudflats and the mangrove eco-systems - accessible only by boats. Book through your hotels or go to the Tanjung Rhu jetties.



## 2 | GUA CERITA & GUA KELAWAR

Explore two of Langkawi's most famous caves, home to many animal dwellers such as bats.

Daily Options  
2 -4 hr trip / 6 hr trip  
from Kilim Geopark



## 3 | LUNCH AT HOLE IN THE WALL

A popular local restaurant that serves some of the freshest seafood you can get, right from its own farm. Great ikan bakar (grilled fish) selection.



## 4 | PASAR MALAM

These night markets are at different locations around Langkawi daily. It's a colorful part of the island's routine. You can get anything here from local delicacies, sweets, fresh food and vegetables to cheap household items and Langkawi souvenirs. Stalls start operating from 3 pm onwards.

Pasar  
Malam  
Venues

- a. Sunday at Padang Matsirat
- b. Monday at Ulu Melaka
- c. Tuesday at Kedawang
- d. Wednesday at Kuah
- e. Thursday at Temoyong
- f. Friday at Air Hangat
- g. Saturday at Kuah



## 5 | DINNER AT WAN THAI

Kuah has a selection of restaurants available. Recommended is Wan Thai Restaurant with a comprehensive menu. From Thai starters of Kerabu, a mixed salad with variety of condiments, the signature Tom Yam soup and other main dishes to their delightful range of desserts.

Open Daily 11am - 3pm / 6.30pm - 10pm T: +604 966 1214



DAY

4

# PAYAR MARINE *Paradise*

## 1 PULAU PAYAR MARINE PARK

Situated 35 km southeast of Langkawi, about 1 1/2 hours by speedboat, this island gem is well worth the trip. There's great swimming, snorkeling, and scuba diving available for the intrepid adventurer and nature lover. Swim amongst the marine life and get adventurous feeding the sharks that live within the reefs close to shore.

Daily trips starts at 8am, 8 hr trip from  
Kuah Jetty or RLYC, Kuah.  
Online booking also available.

## 2 LUNCH AT PLATFORM

A floating restaurant situated right above the reefs with a view of the life below. Seafood is their specialty.



## 3 DUTY FREE SHOPPING

Bargains abound in this buzzing corner of the island. Many stores have sprung up with a wide range of duty free items from household items, chocolates, spirits and local fashion. Popular outlets :

Jetty Point, Langkawi Fair, Saga Shopping Centre, Paradise Duty Free Centre, HIG Mall.



## 4 EAGLE SQUARE & LEGEND PARK

Take a leisurely stroll to where a giant sculpture of Langkawi's eagle symbol dominates park. The sunset at the harbor is a spectacular view not to be missed.



## 5 DINNER AT 1 MALAYSIA RESTAURANT

Located at the Legend Park, 1 Malaysia Restaurant serves an assortment of Malaysian favorites.





DAY

5

# LIVING Museum

Get close to the land and to the people, to the culture, the traditions, the history, all of which go back hundreds, even thousands of years, and still resonate today. And while you're at it, sample the delicious local food!

1

## GUNUNG RAYA

Gunung Raya is Langkawi's highest peak. At 880 m, enjoy a light snack from the Observation Deck as you survey an incredible 360° birds-eye view of Langkawi and the islands beyond.

2

## KOTA MAHSURI

Kota Mahsuri, or 'Mahsuri's Mausoleum', a shrine and museum in memory of the 19th century princess, and heroine of Langkawi's most famous and enduring legend.

3

## LUNCH AT SITI FATIMAH

Sample authentic Malay dishes at this traditional restaurant that specialises in cuisines from Kedah and the other northern states. Selection includes variety of fish and chicken dishes, highly recommended is their signature Kerabu Beronok, a spicy Malay salad made with sea cucumber.

4

## MARDI AGRO PARK

Originally a centre for agricultural study and research, Mardi Agro Park is now a tourist attraction where you can go to learn all about local fruits and vegetables, how they are grown, sample the fruits in season and much more.

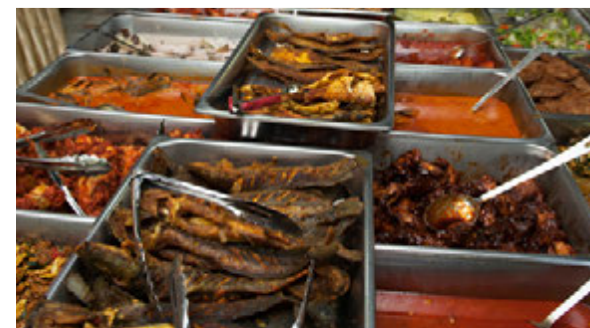
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## DINNER AT KUAH

The Kelana Mas area of Kuah has a selection of seafood restaurants. Widely acclaimed by locals and visitors alike, the restaurants serve seafood prepared in a variety of styles and are guaranteed fresh from the morning's catch.



Open Daily 8.30am - 6pm T: +604 955 6055



Open Daily except Wednesday 7.30pm - 5.30pm T: +604 955 2754



Open Saturday - Thursday 9am - 4pm T: +604 953 2550





DAY

6

# Heritage ROUTE

There's so much to see and savour in Langkawi. A fascinating animal park and one of the island's best shopping venues for quality local arts & crafts. A museum gallery dedicated to one of the country's most famous Prime Minister. And pamper yourself with an all-natural, therapeutic spa treatment.

## 1 | LANGKAWI CRAFT COMPLEX

Offering a wide selection of locally made handicrafts including batik, glassware, woven items, jewelry, and much more, includes a Heritage Museum, Wedding Museum and glassblowing demonstrations.

Open Daily 10 am - 6 pm  
T: +604 959 1913

## 2 | ATMA ALAM BATIK ART VILLAGE

This batik craft centre is a must visit for all visitors to Langkawi. Watch craftsmen produce handmade batik fabric and paintings. Join the workshop for a short lesson on producing these beautiful artworks. The batik showroom, art gallery, batik gallery and handicraft display offers high quality local products affordable to all.



Open Daily 9 am - 6 pm T: +60 13-509 1209 W: [artinparadise.com.my](http://artinparadise.com.my)

## 3 | LUNCH AT MAK NGAH GULAI PANAS

This humble restaurant is truly a place for home cooked Malay food. Be prepared to wait for your food as all dishes are cooked to order – but it's all worth the wait. There is no fixed menu as items on offer are what are available at the morning market.



Kg Kisap, Jalan Air Hangat  
Open Daily except Friday  
7 am - 5 pm  
T: +6019 500 7070

## 4 | LANGKAWI WILDLIFE PARK

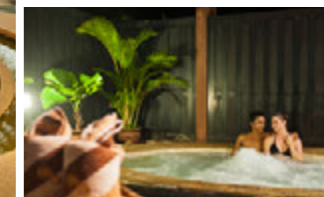
Talk to the animals. Walk with the animals. Get up close and personal – or keep a respectable distance – with a menagerie of exotic tropical creatures. It's fun and educational!

Open Daily 10 am - 6 pm  
T: +604 966 5855



## 5 | AIR HANGAT SPA VILLAGE

Wellness therapy, Langkawi-style, featuring hot springs in a number of small pools, including a private salt-water Jacuzzi that will re-energise any tired body.



Open Daily 10 am - 6 pm T: +604 959 1913



DAY

7

# CHILL IN Cenang

Enjoy a leisurely day in and around Pantai Cenang, Langkawi's beachcomber paradise. A museum, an aquarium with penguins, some great food and just chilling out at the beach – what a cool way to wrap up your stay!

## 1 | PANTAI CENANG

Time to hit the beach! Pantai Cenang is Langkawi's most popular beach, offering great swimming, body surfing, banana boat, paragliding, jet skiing and more. Stay till sundown and catch the mesmerizing sunset.



## 2 | LAMAN PADI

Tour the world's only museum dedicated to rice production, culture and history, featuring several active paddy fields in various stages of cultivation.

Open Daily 10 am - 6 pm  
T: +604 959 3099

## 3 | LUNCH AT SEASHELLS

Follow up your visit to Laman Padi with lunch at its own restaurant. Serving Malay fusion and Western favourites, with terrace seating overlooking the padi fields for a truly one-off dining experience.



Open Daily 12 pm - 11 pm T: +604 955 4312

## 4 | UNDERWATER WORLD LANGKAWI

Visit one of the largest aquariums in Asia, with over 3,000 marine and freshwater fish, plus birds, reptiles, amphibians, and a special treat – a large collection of adorable rockhopper and African penguins!



Open Daily Mon - Thurs 10 am - 6 pm  
Public Holidays 9.30 am - 6.30 pm T: +604 959 4225

## 5 | DINNER AT CENANG

You will be spoilt for choice to dine at Cenang. The strip is lined with different types of restaurants, from seafood, Malay, Chinese, Indian, Arabic and other International selections are available. The choice is yours.





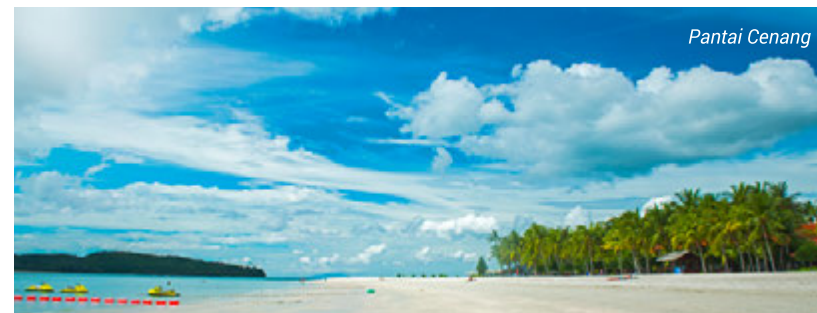
# OUR *Beach* MENU

Isn't it amazing that one island could have so many different types of beaches? Langkawi surprises again and again with its idyllic beaches (or 'pantai' in Malay). There's popular Pantai Cenang, ideal for beach activities such as jet skiing, parasailing, banana boat riding and more.

Next door is Pantai Tengah, another west-facing beach with the same great sunsets, but a little quieter scene. For even less people and distractions, there's Pantai Kok or Tekul Datai with its coral reef, and scenic Pantai Tanjung Rhu and Pantai Pasir Tengkorak.



*Tanjung Rhu*



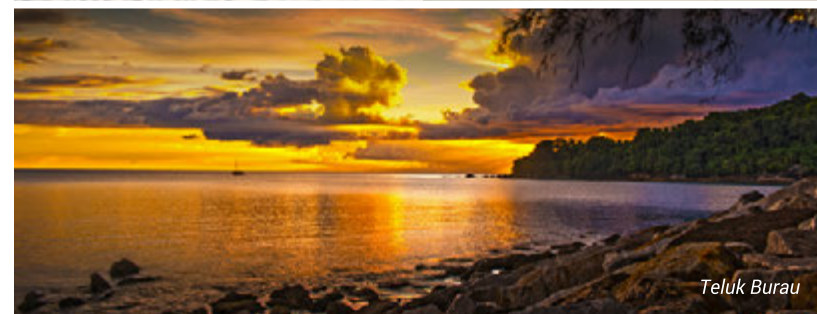
*Pantai Cenang*



*Pantai Tengah*



*Pantai Pasir Tengkorak*



*Teluk Burau*



*Teluk Datai*



## GETTING *Around*

### CAR RENTAL/HIRE

Roads in Langkawi are well signposted and in good condition so hiring a car for self-drive adventures is a good option. You will need to watch out for motorbike riders, the occasional water buffalo that may wander onto the road and wildlife crossing. It is recommended that you use a licensed and insured car rental company to prevent any unpleasant incidents in the event of an accident.

### TAXI

Taxis are readily available and resort staff can make bookings for you. Taxis work on a fixed price basis and we recommend you check the rate card where your fare is quoted. Some taxi drivers speak English better than others and they can be useful for round-island trips as they can show you many points of interest. Taxis can be hired from the airport, all hotels and from major attractions.

## USEFUL *Contacts*

Emergency services (Police/Ambulance/Fire Dept.)	999
Telephone directory enquires	108
International Operator	103
Police	+604 966 6222
Hospital	+604 966 3333
Post Office	+604 966 7291
Tourism Malaysia	+604 966 7789
Custom Office, Airport	+604 955 1832
Immigration Department	+604 956 1400
Taxi, Kuah Town	+604 966 5249
Taxi, Airport	+604 955 1800
Langkawi International Airport	+604 955 1311
Malaysia Airlines (MAS)	1 300 88 3000
Air Asia	+604 955 7750
Firefly	+604 955 9622
Silk Air	+604 955 9771
Malindo Air	+603 784 5388
Langkawi Development Authority (LADA) (Tourism Division)	+604 960 0600

## LIST OF TOURS OPERATORS

Armada Travel Sdn Bhd T & F +604 966 6643	Indra Travel & Tours Sdn Bhd T +604 966 0163   F +604 966 3163	Morahols Travel Sdn Bhd T +604 955 1993   F +604 955 1992
Asian Overland Services Sdn Bhd T +604 955 2002   F +604 955 1411	Island N' Sun Travel & Tours Sdn. Bhd T +604 965 7166   F +604 965 1429	Rajawali Travel & Tours Sdn Bhd T +604 966 7361   F +604 966 3573
Bayu Travel & Tours Sdn Bhd T +604 966 0006   F +604 966 0008	Junglewalla T +6019 590 2300   F +604 959 1277	Reliance Sightseeing Sdn Bhd T +604 966 4200   F +604 966 4600
Budaya Travel & Tours T +604 966 3759   F +604 966 2759	Koperasi Kendaraan & Pengangkutan Langkawi Sdn Bhd T +604 966 3975   F +604 966 8286	Saiburi Travel & Tours Sdn Bhd T +604 966 6558   F +604 966 6559
Cemara Klasik Travel & Tours Sdn Bhd T +604 966 7642   F +604 966 0400	KUB Travel Sdn Bhd T +604 955 6710   F +604 955 6709	Sala Travel & Tours Sdn Bhd T +604 966 7521/1528   F +604 966 6521
Dayang Travel & Tours Sdn Bhd T +6004 955 6678 / +6012 401 0600	Langkawi Holidays Sdn. Bhd T +604 966 7178   F +604 966 7227	Sin Pen Travel & Tours Sdn Bhd T +604 966 3828   F +604 966 0867
Desinyo Travel Agency Sdn Bhd T +604 955 6511   F +604 955 6833	Lang Langkawi Travel & Tours Sdn Bhd T +604 966 6143   F +604 966 0799	SR Langkawi Travel & Tours T +604 966 7122   F +604 966 4822
Duta Langkawi & Tours Sdn Bhd T +604 966 0607	Langkawi Unique Holidays Sdn Bhd T +604 966 6388   F +604 966 7792	SRM Holidays Sdn Bhd T +604 966 5182   F +604 966 5184
Elmona Travel & Tours Sdn Bhd T +604 966 0094   F +604 966 0086	Legend Admire Tours & Travel Sdn Bhd T +604 966 9116   F +604 966 8332	Sriwani Travel & Tours Sdn Bhd T +604 966 7138   F +604 966 7308
Enesty Travel & Tours Sdn Bhd T +604 955 8218   F +604 955 8219	LLH Travel & Tours Sdn Bhd T +604 966 8820   F +604 966 8822	Surin Tours Agency Sdn Bhd T +604 966 6312   F +604 966 6313
Fantasia Travel & Tours Sdn Bhd T +604 966 6888   F +604 966 0943	Mahamas Travel & Tours T +604 966 7689   F +604 966 6189	Taikar Holidays Sdn Bhd T +604 966 0543   F +604 966 0546
	Mahsuri Travel & Tours Sdn Bhd T +604 966 6924   F +604 966 6197	Tina Travel Sdn Bhd T +604 966 7379 / +604 966 7380
	Mayflower Acme Tours Sdn Bhd T +604 955 1330   F +604 955 1682	Vision Travel & Tours (M) Sdn Bhd T +604 966 7080   F +604 966 7290
	Mikestar Holidays Sdn Bhd T +604 955 2080   F +604 955 2079	Wise Travel & Tours Sdn Bhd T +604 966 8990   F +604 966 0876





[www.naturallylangkawi.my](http://www.naturallylangkawi.my)



**LANGKAWI DEVELOPMENT AUTHORITY**

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