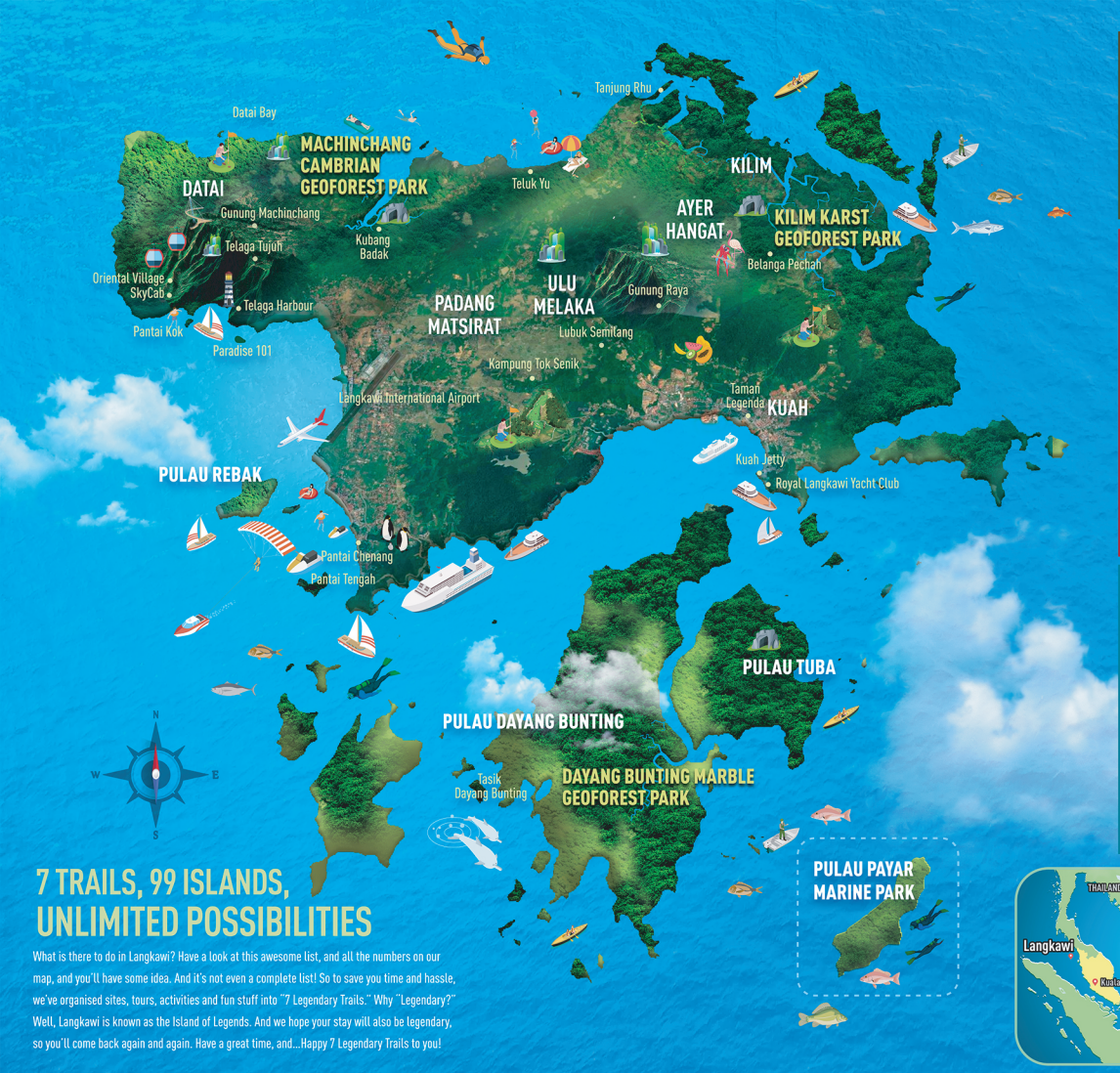

7 TRAILS, 99 ISLANDS, UNLIMITED POSSIBILITIES

What is there to do in Langkawi? Have a look at this awesome list, and all the numbers on our map, and you'll have some idea. And it's not even a complete list! So to save you time and hassle, we've organised sites, tours, activities and fun stuff into "7 Legendary Trails." Why "Legendary?" Well, Langkawi is known as the Island of Legends. And we hope your stay will also be legendary, so you'll come back again and again. Have a great time, and...Happy 7 Legendary Trails to you!

01 GEO TRAIL

Langkawi UNESCO Global Geopark comprises three Geoforest Parks containing 38 geosites and 10 biosites, plus spectacular scenery: mountain, jungle, lake and mangrove forest.

1 Machinchang Cambrian Geoforest Park
2 Kilim Karst Geoforest Park
3 Dayang Bunting Marble Geoforest Park
4 Kubang Badak BioGeo Trail
5 Geosites Tours

02 ECO TRAIL

Explore Langkawi's incredible diversity of flora and fauna, up close and personal. You can even pitch in and get hands-on experience in eco-projects on Langkawi.

1 Birding
2 Butterfly Watching
3 Coral Propagation
4 Eagle Watching
5 Geosite Beautification Drive
6 Mangrove Planting
7 Mangrove Tour
8 Marine Park Eco-Adventure

03 ADVENTURE TRAIL

Langkawi is an adventure lover's paradise—experience it on land, sea or air. You've never seen so many cool activities all on one list at one place!

1 ATV Tour
2 Bicycle Tour
3 Cave Exploration
4 Go-Kart Racing
5 Helicopter Tour
6 Hiking
7 Horseback Riding
8 Jet Ski Tour
9 Jungle Trekking
10 Kayaking
11 Langkawi SkyTrex Adventure
12 Luxury Private Island Activity
13 SkyCab & SkyBridge
14 Skydiving
15 Ziplining

04 CULTURE & HERITAGE TRAIL

Get to know the heart and soul, the history and lore, the rhythms and rituals of this land and its people.

1 Beras Terbakar (Field of Burnt Rice)
2 Crystal Glass Blowing
3 Down Memory Lane: Kuah Town
4 Homestay
5 Kampung Lifestyle Excursion
6 Kompleks Kraf (Craft Complex)
7 Kota Mahsuri
8 Laman Padi (Rice Museum)
9 Night Markets
10 Religious Trail
11 Taman Legenda

05 DUTY-FREE SHOPPING TRAIL

Take advantage of Langkawi's status as a duty-free island. We have plenty of things to buy, at great prices—for you, your family, and the folks back home.

1 Airport (Padang Matsirat)
2 Chenang Mall (Chenang)
3 The Zon Duty Free (Chenang)
4 HIG Duty Free Complex (Kuah)
5 Idaman Suri (Kuah)
6 Jetty Point (Kuah)
7 Langkawi Fair (Kuah)
8 Langkawi Parade (Kuah)
9 Langkawi Saga Shopping Centre (Kuah)
10 Rams Home Décor (Kuah)
11 Warisan Duty Free (Kuah)
12 Wira Langkawi (Kuah)

06 LEISURE & LEARNING TRAIL

Discover how fun pro-active learning can be—everything from animals to art, to history. Then it's time to relax, recharge, and reinvigorate, i.e. pamper yourself.

1 Art in Paradise Langkawi
2 Balai Seni Lukis Negara (National Art Gallery)
3 Crocodile Adventureland Langkawi
4 Eagle Square
5 Fishing Tour
6 Galeria Perdana
7 Geopark Discovery Centre
8 Langkawi Wildlife Park
9 Mardi Agro Technology Park
10 Spa & Wellness
11 Sunset Cruise
12 Underwater World Langkawi

07 FOOD TRAIL

In between hitting the other Trails, tuck into some delicious local cuisine, as well as a wide assortment of international favourites, from hawker food to 5-star hotel dining.

1 Exotic Foods of Langkawi
2 Gulai Panas
3 Local Grilled Favourites
4 Western Delights
5 Pasar Malam (Night Market)
6 Bars & Cafés

01 GEO TRAIL

Langkawi's entire archipelago of 99 islands has been designated a UNESCO Global Geopark, the first in Southeast Asia, and one of only 147 worldwide, to date. It is divided into three Langkawi Geoforest Parks, described below. For more information, visit langkawigeopark.com.my.

1 Machinchang Cambrian Geoforest Park
The Machinchang mountain range forms a spectacular landscape, whose rock formations are estimated to be over 500 million years old—among the oldest on Earth. It is also home to probably the oldest rainforest on the planet. In addition to numerous mountain trails, Mt. Machinchang can be accessed by SkyCab, the cheapest, and one of the longest free-span cable car rides in the world.

2 Kilim Karst Geoforest Park
Explore a pristine wonderland of limestone formations—pinnacles, cliffs, outcrops and caves—in a rich mangrove network of rivers and mudflats. Discover ancient fossil beds, abundant marine life, and the home of the island's famous sea eagles and brahminy kites.

3 Dayang Bunting Marble Geoforest Park
Located 15 minutes by boat from Kuah, Dayang Bunting is the archipelago's second largest island. Its most prominent feature is a large freshwater lake surrounded by thickly forested hills.

02 ECO TRAIL

1 Birding
With over 260 species of birds, including 20 species of raptors and 8 of kingfishers, Langkawi is a birder's paradise.

Where: Gunung Rayu, Taman Legenda
Phone: +6012 487 0600; +6012 363 7770
Website: junglewalla.com

2 Butterfly Watching
Enthusiasts will be spoilt by the abundance of over 500 butterfly species. That's more than Sri Lanka or Australia, with around 400 species each.

Where: Gunung Rayu, Taman Legenda
Phone: +604 955 8080
Website: sanctuary.bdb.com.my/butter-fly-walk

3 Coral Propagation
A luxury hotel is the site of this ongoing coral conservation project, which includes a coral nursery. A Coral Reef Walk is also available.

Where: Datai Bay
Phone: +604 950 1888
Website: theandaman.com

4 Eagle Watching
View the magnificent brahminy kites—the symbol of Langkawi—and majestic sea eagles as you tour the mangrove forest or take an island cruise.

Where: Dayang Bunting; Kilim; Kubang Badak
Phone: +604 959 3099 (Dayang Bunting); +604 959 2323 (Kilim); +6011 6545 2323 (Kubang Badak)
Website: kilimgeoforestpark.com; biogeoinfinitydventure.weebly.com; ladasce.my

5 Geosite Beautification Drive
Ready to lend a hand to keep Langkawi's UNESCO Geosite Parks clean, while at the same time learning about conservation efforts? Great—you're a "Trash Hero!"

Where: Various
Phone: +604 950 2136;
Website: langkawigeopark.com.my; trashhero.org

6 Mangrove Planting
After a briefing on the natural history of the mangroves and instruction by resident experts, you'll learn planting and propagating of mangrove seedlings.

Where: Bakau Sanctuary, Kilim
Phone: +604 950 2136
Website: langkawigeopark.com.my

7 Mangrove Tour
Langkawi is blessed with one of the world's most beautiful and vital ecosystems on the planet. The mangrove forest boat tour is a must-see experience!

Where: Dayang Bunting; Kilim; Kubang Badak; Pulau Tuba
Phone: +604 959 2323 (Kilim); +6011 6545 2323 (Kubang Badak)
Website: kilimgeoforestpark.com; biogeoinfinitydventure.weebly.com; ladasce.my

8 Marine Park Eco-Adventure
Just a one-hour journey by boat from Langkawi is Pulau Payar Marine Park, where coral reefs rich with marine life abound. Ideal for swimming, snorkelling and scuba diving.

Where: Pulau Payar Marine Park
Phone: +604 966 7318
Website: langkawiscoral.com

03 ADVENTURE TRAIL

1 ATV Tour
Catch the scenery with a bit of wind and a bit of throttle and 200cc ATV excitement as you ply adventure tracks through jungle, park, and coal habitats.

Where: Kilim, Ulu Melaka
Phone: +6011 4746660
Website: langkawiadventurepark.com

2 Bicycle Tour
Cycle to one of the locals' favourite getaways, a park with postcard waterfall, and beautifully maintained gardens. Next to Mardi Agro Park, so you can stop in there too!

Where: Lubuk Semilang
Phone: +604 955 8080
Website: sanctuary.bdb.com.my

3 Cave Exploration
Langkawi and neighbouring island Dayang Bunting are home to numerous caves, which can be accessed either by boat and/or by foot, via jungle or mangrove forest.

Where: Kilim; Kubang Badak
Phone: +604 959 2323 (Kilim); +6011 6545 2323 (Kubang Badak)
Website: kilimgeoforestpark.com; biogeoinfinitydventure.weebly.com

4 Go-Kart Racing
Get behind the wheel of a top-of-the-line go-kart machine and navigate a challenging course compliant with international safety standards.

Where: Chenang
Phone: +604 955 2727
Website: moracadventurepark.com

5 Helicopter Tour
Enjoy birds-eye panoramic views of Langkawi and neighbouring Dayang Bunting, as you traverse unforgettable mountain, jungle and ocean scenery.

Where: Chenang
Phone: +6012 246 3027
Website: helicoptpark.com/langkawi

6 Hiking
"Trail 777"—to Machinchang Peak (777m) is a breathtaking—and easy—hike, until you get 30m from the summit, after which you climb a nearly 50-degree rope-aided gradient. Challenging! Guide is available by request.

Where: Telaga Tujuh
Phone: +604 950 2136;
Website: langkawigeopark.com.my

7 Horseback Riding
Combine horseback riding with a leisurely tour of the island's iconic wonders, from rainforests and beaches to traditional villages.

Where: Telaga Tujuh
Phone: +6012 422 9699; +6012 639 7740
Website: langkawihorses.com

8 Jet Ski Tour
Ride a jet ski over sparkling blue waters, visit iconic coastlines and dramatic rock formations, explore remote islands, then stop for a swim or snorkelling.

Where: Chenang; Telaga Harbour Marina
Phone: +6012 389 8800 (Chenang); +604 955 8300 (Telaga Harbour)
Website: megawaterlesports.com; paradise101.com

9 Jungle Trekking
Enjoy the astonishing beauty and diversity of the rainforest while you learn about the many medicinal properties of local herbs and trees.

Where: Datai; Dayang Bunting; Lubuk Semilang; Telaga Tujuh
Phone: +604 955 8080; +6012 487 0600
Website: sanctuary.bdb.com.my; junglewalla.com

10 Kayaking
Select from a mangrove kayaking adventure, or a fascinating coastal exploration including caves and limestone formations. Watch for many exotic plants and animals.

Where: Dayang Bunting; Kilim
Phone: +604 959 3099 (Dayang Bunting); +6019 486 9199 (Kilim)
Website: ladasce.my; langkawi-nature.com

11 Langkawi SkyTrex Adventure
"Sky-trek" from tree to tree, swinging and gliding carefree above the canopy, set against the dramatic backdrop of Mt. Machinchang. The first of its kind in Malaysia!

Where: Perdana Quay, Telaga Harbour
Phone: +6019 280 5029
Website: skytrex-adventure.org

12 Luxury Private Island Activity
Welcome to your own private island: playground, complete with water sports, recreational facilities, restaurant, and function areas for private parties.

Where: Telaga Harbour Marina
Phone: +604 955 8300
Website: paradise101.com

13 SkyCab & SkyBridge
Ascend one of the steepest and most incredible cable car rides anywhere, and then cross the world's longest free span and curved suspension bridge spanning a rainforest 700m above sea level.

Where: Oriental Village
Phone: +604 959 4220/1220
Website: panoramalangkawi.com

14 Skydiving
Experience the ultimate adrenaline rush as you jump into the wild blue yonder and a breathtaking View!-view of Langkawi in your tandem jump with an experienced instructor.

Where: Padang Matsirat
Phone: +6011 6300 8050
Website: skydivelangkawi.com

15 Ziplining
Experience world-class ziplining as you soar through the rainforest canopy, over dramatic waterfalls, past spectacular mountain backdrops.

Where: Telaga Tujuh
Phone: +604 950 2020
Website: ziplinelangkawi.com

04 CULTURE & HERITAGE TRAIL

1 Beras Terbakar (Field of Burnt Rice)
A famous historical site known for a battle between a local army and invading Siamese in the 19th century, where the Langkawi army destroyed their precious rice crop from falling into enemy hands.

Where: Padang Matsirat
Contact: Langkawi Tourist Guide Association
Website: facebook.com/LTGALangkawi

2 Crystal Glass Blowing
Watch master craftsmen as they create exquisitely handcrafted crystal art pieces utilizing age-old glassblowing techniques. Ideal as souvenirs.

Where: Teluk Yu, behind Kompleks Kraf
Phone: +604 959 1913; +604 959 4885
(Tut is Kompleks Kraf, 2nd is Crystal Glass Blowing Direct Line)

3 Down Memory Lane: Kuah Town
Take a walking "heritage tour" of Langkawi's main town, a quaint, charming and colourful blend of old and new, with shops, restaurants, parks, harbour, and other attractions.

Contact: Langkawi Tourist Guide Association
Phone: +6014 9016 940
Website: facebook.com/LTGALangkawi

4 Homestay
Immerse yourself in the "real" Langkawi with a homestay experience. Stay with a local family, enjoy local hospitality, sights and sounds in a traditional environment.

Where: Various
Contact: Homestay Association of Langkawi
Phone: +6014 461 1146
Website: homestaylangkawi.info

5 Village Lifestyle Excursion
Here's a quick way to "go local for a day" with a homestay experience with a village family.

Where: Ulu Melaka
Phone: +6016 7444 198; +6017 5797 138

6 Kompleks Kraf (Craft Complex)
Offering a wide range of local art and handicrafts including painted batik. Also of note: a craft museum and adjacent crystal glass blowing studio.

Where: Teluk Yu
Phone: +604 959 1913
Website: kraftangan.gov.my

7 Kota Mahsuri
The tragic tale of the beautiful maiden Mahsuri is Langkawi's most famous and enduring legend. Learn Mahsuri's story at her memorial and museum.

Where: Ulu Melaka
Phone: +6010 2429 179
Website: kotamahsuri.com.my

8 Laman Padi (Rice Museum)
A museum dedicated to the history and development of padi cultivation, Malaysia's oldest agricultural industry. Get down and try your hand at planting!

Where: Chenang
Phone: +604 955 1118

9 Night Markets
The night market, or "pasar malam" is a Malaysian institution. Besides produce and other food, vendors also sell a variety of household goods and hawker food. A must-do experience!

Where: Several venues, depending on day of the week. Ask your hotel for daily locations and recommended times.

10 Religious Trail
Langkawi's ethnic diversity is reflected in its various places of worship. Tour some of these religious landmarks, from Chinese and Indian temples to mosques, notably Masjid Al-Hana in Kuah.

Masjid Al-Hana:
facebook.com/MasjidAlHanaLangkawi

11 Taman Legenda
This beautifully landscaped, folklore-themed park is highlighted by its many sculptures which depict some of Langkawi's most famous legends.

Where: Next to Kuah Jetty

05 DUTY-FREE SHOPPING TRAIL

Langkawi offers a large number of duty-free store venues, and a large selection of products ideal as gifts or for personal use, from tobacco, wines & spirits, chocolates & candy, to chinaware, and even automobiles (including luxury supercars!) Mall and store hours vary. Check with your hotel for times and locations.

1 Airport (Padang Matsirat)
2 Chenang Mall (Chenang)
3 The Zon Duty Free (Chenang)
4 HIG Duty Free Complex (Kuah)
5 Idaman Suri (Kuah)
6 Jetty Point (Kuah)
7 Langkawi Fair (Kuah)
8 Langkawi Parade (Kuah)
9 Langkawi Saga Shopping Centre (Kuah)
10 Rams Home Décor (Kuah)
11 Warisan Duty Free (Kuah)
12 Wira Langkawi (Kuah)

06 LEISURE & LEARNING TRAIL

1 Art in Paradise Langkawi
The second largest 3D art museum in the world features over one hundred 3D paintings by acclaimed local and international artists.

Where: Oriental Village
Phone: +6013 5091 289
Website: artinparadise.com.my

2 Balai Seni Lukis Negara (National Art Gallery)
The National Art Gallery's new Langkawi branch showcases the works of prominent local as well as international artists.

Where: Kuah
Phone: +604 961 1601
Website: artgallery.gov.my

3 Crocodile Adventureland Langkawi
It's croco land (and gators) galore! Home to the largest collection of saltwater crocodiles in Malaysia. Featuring twice daily stunt shows, and more.

Where: Teluk Datai
Phone: +604 959 2559; +604 950 2861
Website: crocodileadventureland.com/home

4 Eagle Square
This beautifully landscaped and night-illuminated public park situated adjacent the Kuah Jetty is home to Langkawi's magnificent iconic eagle statue.

5 Fishing Tour
Langkawi offers a wide range of fishing tours and packages, including fun, game, overnight, and deep sea fishing.

Where: Kubang Badak
Phone: +6013 445 5644
Website: biogeoinfinitydventure.weebly.com

6 Galeria Perdana
A museum dedicated to Malaysia's longest serving Prime Minister, Tun Dr. Mahathir bin Mohamad. It houses a rare collection of gifts and awards presented to the PM during his over four decades of service to the nation.

Where: Kilim
Phone: +604 959 7214
Website: jmm.gov.my/ms/muzium/galeri-perdana

7 Geopark Discovery Centre
A one-stop educational and entertainment centre offering a fascinating collection of displays, digital and interactive media that show the geological birth, formation and transformation of Langkawi over the eons.

Where: Kilim Karst Geoforest Park
Phone: +604 950 2130
Website: langkawigeopark.com.my

8 Langkawi Wildlife Park
Featuring over 150 species of animals and birds from four continents. Great for kids, who can hold and feed many of the "residents."

Where: Belanga Pechah
Phone: +604 966 5855
Website: langkawiwildlifepark.com

9 Mardi Agro Technology Park
Learn all about—and sample—some of the many exotic fruits and other foods grown on the island. Tour the extensive grounds on farm shuttles with tour guide.

Where: Lubuk Semilang
Phone: +604 953 2559; +604 953 2551
Website: http://tatmi.mardi.gov.my

10 Spa & Wellness
Langkawi offers a wide range of spa & wellness treatments and venue options to relax and recharge, from luxury hotels to boutique establishments. Ask your hotel for more information.

11 Sunset Cruise
Set sail for picture-postcard views and sun-flecked clouds over the Andaman Sea. Go for a late afternoon swim before enjoying a sumptuous dinner and drinks.

Where: Kuah; Pantai Tengah; Telaga Harbour
Phone: +604 966 9287; +604 955 3487; +604 966 9300
Website: fantastictear.com.my; seasplashlangkawi.com; tropicalcharters.com.my; naam.kz

12 Underwater World Langkawi
Penguins in the tropics? You bet! Plus hundreds of marine animals from around the world.

Where: Chenang
Phone: +604 955 6100
Website: underwaterworldlangkawi.com

07 FOOD TRAIL

1 Exotic Foods of Langkawi
Emping (padi rissoles), sup gamat (sea cucumber soup), bonok (a sea cucumber delicacy only available here), ogut (spicy shellfish), and lattut (seaweed salad) are just some of the many exotic delicacies that await your pleasure in Langkawi.

2 Gulai Panas
Enjoy your catch-of-the-day with kampung-style curry (gulai) that's light in texture and sweet in taste. Served hot, it's delicious when drenched over rice.

3 Local Grilled Favourites
To really explore Langkawi is to eat like a local. So grab a plate of glutinous rice and pile it high with your choice of side dishes—grilled fish, fried seafood, barbecued meat, spicy stew, and more. Wash it down with a frothy hot teh tarik for a culturally authentic experience.

4 Western Delights
For tourists and local travelers alike who wish to take a break from traditional food, you can opt for tapas, steaks, burgers, pastas, or seafood (maybe with a spicy local twist!).

5 Pasar Malam (Night Market)
The night market, or "pasar malam" is a Malaysian institution. Besides produce and other food, vendors also sell a variety of household goods and hawker food. A must-do experience!

6 Bars & Cafés
Langkawi offers plenty of places to "wet your whistle," from relaxing seaside haunts and cosy pubs to 5-star swank. And, reminder: Langkawi's duty-free status means alcohol can be extremely cheap!

LEGENDARY TRAILS OF LANGKAWI